



**NGB-ARNGRC  
PERSONNEL TRANSPORTATION SUPPORT SERVICES**



**Shuttle Schedules effective as of 18 October 2010 (Loops A, C, D & E Morning start times)**

Times listed are for shuttle departures from listed stops. Shuttles arrive 2 to 5 or more minutes prior to scheduled departure.

Shuttle destination signage is displayed on vehicle sides.

Stops are ARNGRC, VRE/Metro (Crystal Dr. Station), JP1, Ballston Metro, Pentagon (Pentagon City METRO, Army Navy Dr. & Fern St), Ft. Meyer (Officers' Club, Dining Facility, Dental Clinic, Rader Clinic, And Henderson Hall Gym

The 0700 VRE pickup point moves to JP1 and continues every 40 minutes from there. VRE pickup alternates with JP1 as shown on the schedule.

Electronic copy can be found at:

<https://gkoportal.ngb.army.mil/sites/NCR/NCR%20Express%20Lane/Bus%20Stop/default.aspx>

DoD Shuttle Route 1 provides Pentagon service from 8:10 AM to 3:40 PM

POC: Mr. Michael Harris, Phone: 703-607-9701

<b>VRE, Pentagon, ARNGRC Shuttle: Loop A</b>			
Pent. City	VRE	Fern St.	ARNGRC
5:30 AM	5:34 AM*	5:38 AM	5:48 AM
6:03 AM	6:07 AM	6:11 AM	6:21 AM
6:47 AM	6:51 AM	6:55 AM	7:05 AM
7:15 AM	7:19 AM	7:23 AM	7:33 AM
7:45 AM	7:49 AM	7:53 AM	8:03 AM
8:28 AM	8:32 AM	8:36 AM	8:46 AM
Mid Day Service: See Loop B/JP1 Shuttle			
ARNGRC	Pent. City	VRE	Fern St.
3:00 PM	3:15 PM	3:20 PM	3:24 PM
3:40 PM	3:55 PM	4:00 PM	4:04 PM
4:20 PM	4:35 PM	4:40 PM	4:44 PM
5:00 PM	5:15 PM	5:20 PM	5:24 PM
5:40 PM	5:55 PM	6:00 PM	6:04 PM

<b>VRE, Pentagon/ARNGRC Shuttle: Loop C</b>			
PENT. CITY	VRE	FERN ST	ARNGRC
5:45 AM	5:49 AM*	5:53 AM	6:03 AM
6:35 AM	6:39 AM	6:43 AM	6:53 AM
7:05 AM	7:09 AM	7:13 AM	7:23 AM
7:35 AM	7:39 AM	7:43 AM	7:53 AM
8:05 AM	8:09 AM	8:13 AM	8:23 AM
8:56 AM	9:00 AM	9:04 AM	9:14 AM
ARNGRC	PENT. CITY	FERN ST	
3:20 PM	3:35 PM	3:40 PM	
4:00 PM	4:15 PM	4:20 PM	
4:40 PM	4:55 PM	5:00 PM	
5:20 PM	5:35 PM	5:40 PM	
6:00 PM	6:15 PM	6:20 PM	

<b>VRE/JP1 ARNGRC Shuttle: LOOP B</b>			
Pent. City	VRE/Metro	JP1	ARNGRC
6:14 AM	6:20 AM		6:40 AM
		7:00 AM	7:20 AM
		7:40 AM	8:00 AM
		8:20 AM	8:40 AM
		9:00 AM	9:20 AM
		9:40 AM	10:00 AM
		10:20 AM	10:40 AM
		11:00 AM	11:20 AM
Mid-Day Break			
	ARNGRC	JP1	VRE
		12:20 PM	
	12:40 PM	1:00 PM	
	1:20 PM	1:40 PM	
	2:00 PM	2:20 PM	
	2:40 PM	3:00 PM	
	3:20 PM	3:40 PM	
	4:00 PM	4:20 PM	
	4:40 PM		5:00 PM
	5:20 PM		5:40 PM
	6:00 PM		6:20 PM

\* METRO Only pick up



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**Shuttle Schedules as of 28 July 2010 (Loops D, E, & Mid Day no changes)  
Corrected 29 July 2010**

<b>Ballston to ARNGRC Loop D-E</b>		
<b>BALLSTON</b>	<b>ARNGRC</b>	<b>LOOP</b>
5:30 AM	5:45 AM	D
5:45 AM	6:00 AM	E
6:00 AM	6:15 AM	D
6:15 AM	6:30 AM	E
6:30 AM	6:45 AM	D
6:45 AM	7:00 AM	E
7:00 AM	7:15 AM	D
7:15 AM	7:30 AM	E
7:30 AM	7:45 AM	D
7:45 AM	8:00 AM	E
8:00 AM	8:15 AM	D
8:15 AM	8:30 AM	E
8:30 AM	8:45 AM	D
8:45 AM	9:00 AM	E
<b>ARNGRC</b>	<b>BALLSTON</b>	
3:00 PM	3:15 PM	D
3:15 PM	3:30 PM	E
3:30 PM	3:45 PM	D
3:45 PM	4:00 PM	E
4:00 PM	4:15 PM	D
4:15 PM	4:30 PM	E
4:30 PM	4:45 PM	D
4:45 PM	5:00 PM	E
5:00 PM	5:15 PM	D
5:15 PM	5:30 PM	E
5:30 PM	5:45 PM	D
5:45 PM	6:00 PM	E
6:00 PM	6:15 PM	D
6:15 PM	6:30 PM	E

<b>Personnel Services Circuit (Ft Myer) MD</b>			
<b>ARNGRC</b>	<b>FT MYER- OFFICERS' CLUB BLDG 214</b>	<b>FT MYER- DINING FACILITY BLDG 404</b>	<b>FT MYER- RADER CLINIC Bldg 525</b>
10:10 AM	10:22 AM	10:25 AM	10:30 AM
10:40 AM	10:52 AM	10:55 AM	11:00 AM
11:10 AM	11:22 AM	11:25 AM	11:30 AM
11:40 AM	11:52 AM	11:55 AM	12:00 PM
12:10 PM	12:22 PM	12:25 PM	12:30 PM
12:40 PM	12:52 PM	12:55 PM	1:00 PM
1:10 PM	1:22 PM	1:25 PM	1:30 PM
1:40 PM	1:52 PM	1:55 PM	2:00 PM
2:10 PM			

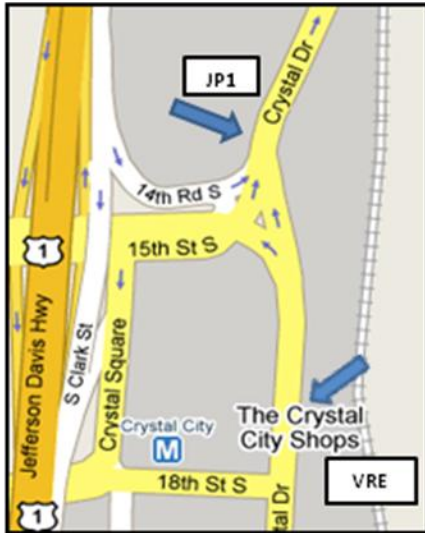
<b>Ballston Commons Loop MD</b>	
<b>ARNGRC</b>	<b>Ballston</b>
10:00 AM	10:30 AM
11:00 AM	11:30 AM
12:00 PM	12:30 PM
1:00 PM	1:30 PM
2:00 PM	



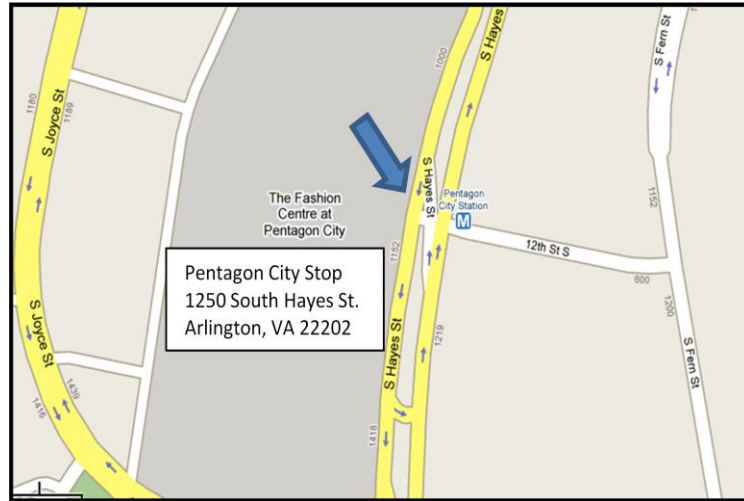
# NGB-ARNGRC PERSONNEL TRANSPORTATION SUPPORT SERVICES



## Stop Locations



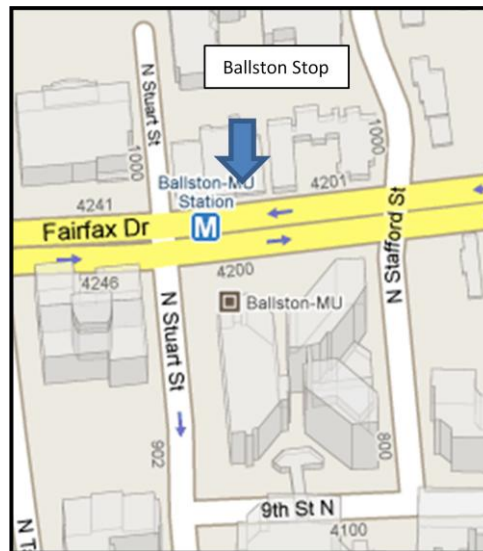
VRE/JP1 Stops



Pentagon City Stop



Pentagon Stop; Army-Navy Dr. & Fern St.



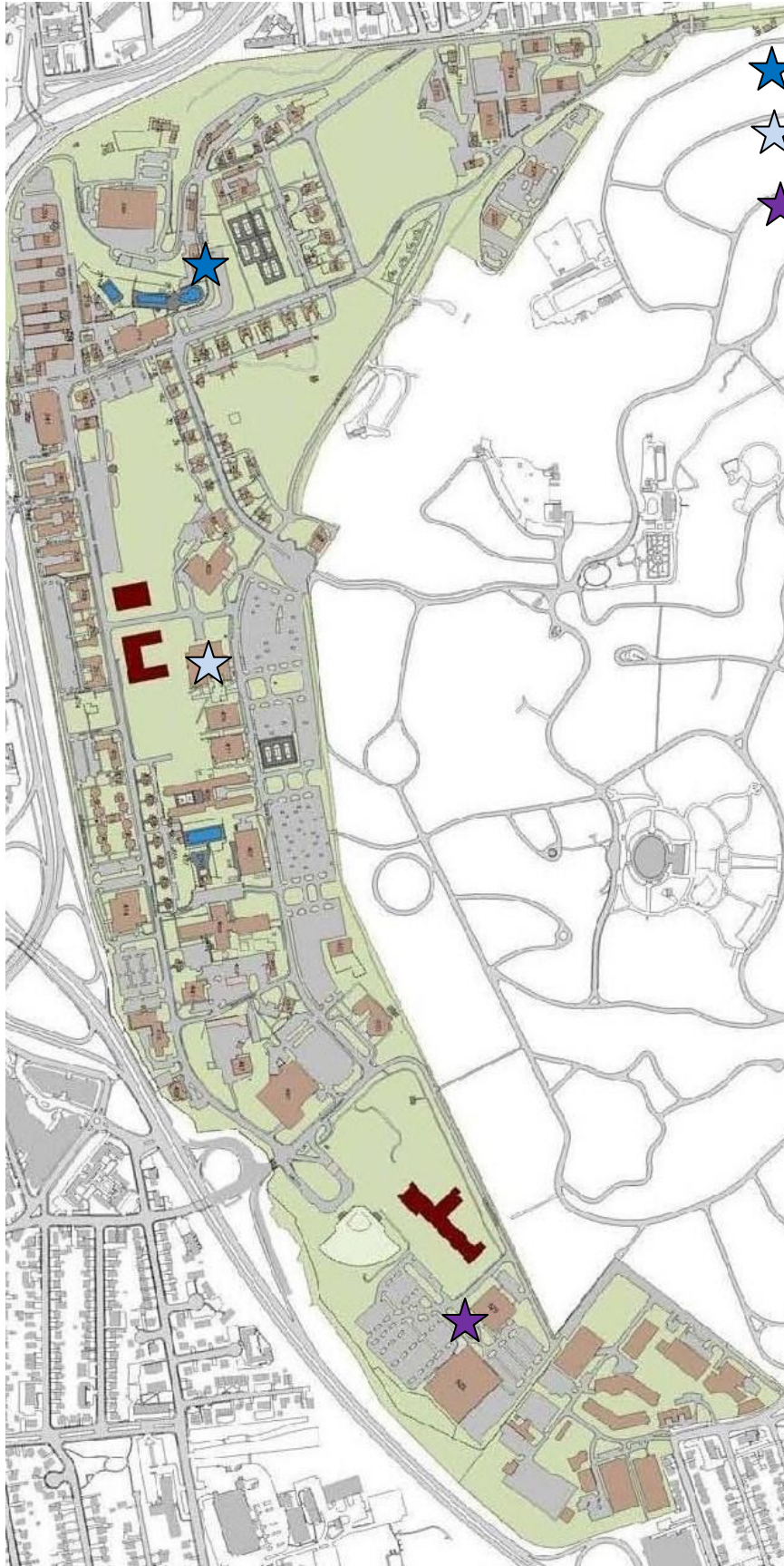
Ballston-MU Stop






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**Fort Myer Military Community –Bus Stops**



-  Officer's Clubs (Bldg 214)
-  Dining Facility (Bldg 404)  
Rader Clinic Dental
-  Rader Clinic (Bldg 525)